

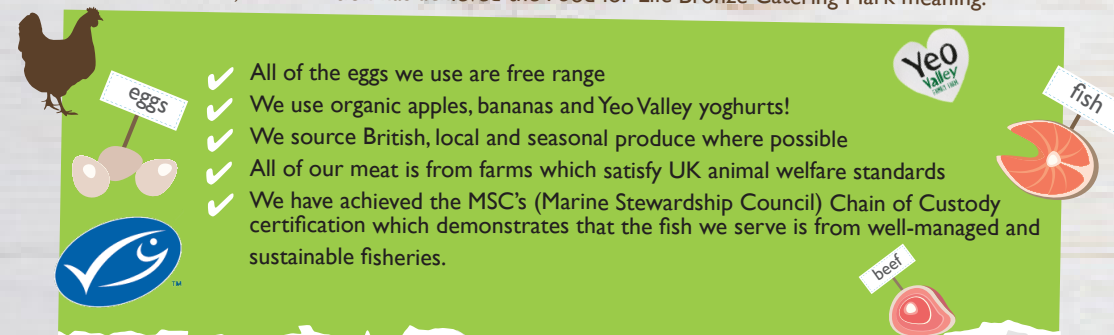


Your Food for Life Catering Mark

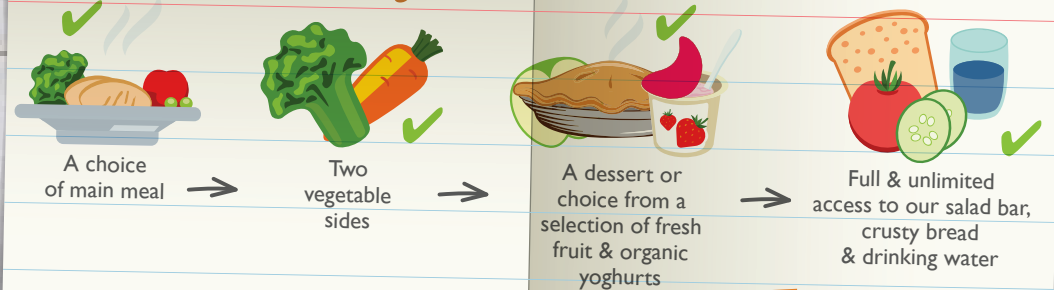


Psst! Seen this before? It's the Soil Association logo – you might have spotted it in the supermarket or on TV.

The Soil Association awards caterers with the Food for Life Catering Mark for providing food which is healthy, sustainably sourced and better for animal welfare. In Wakefield, ISS Education has achieved the Food for Life Bronze Catering Mark meaning:



So what's actually included in a school lunch?



Our eggs are Free Range!

free range

Harper Farm, West Yorkshire

Charles Stephenson has been working 22 years in free-range production. His farm is based in the foothills of the Pennines.

He supports the BEIC Lion branding that is so important within the UK. Welfare is of the highest importance to Charlie's healthy birds and he spends a great deal of time on the look out for anything that may trouble the health of his flocks.

Charlie's commitment to reducing his own company's carbon footprint through his investment in a wind turbine reinforced the principles of sustainable food production from primary production through to its point of sale.



Roll up... get your Free School Meals here!

It's well known now that all Key Stage 1 pupils get their lunchtime meals for free. The good news is that if your family receive certain benefits you may be entitled to free school meals for your child at any age! Whether your child is in KS1 or KS2, please remember to register for free school meals if you think you are entitled. Doing this helps your family and your school!

For more details, please contact your school.



Special diets & allergies

Why not visit our website...

www.feedinghungryminds.co.uk

We know that a lot of you access our website on tablets and mobile phones, so we designed ours to be easier to use on these devices!

We're particularly proud of the school search function. If you type the name of your child's school into the search field, you will be able to access the correct menu, payments, catering mark information and more!

If your child has a specific dietary need for a medical reason we would be delighted to provide them with a bespoke special diet menu. If you would like your child to have a school lunch, a medical dietary request form is available from your school's reception. You can also download it from our new website!

Please be advised that Halal meat is used at the discretion of the school.

If you have any questions or suggestions about our food give us a call (details below) or e-mail our food development team directly at FDT@uk.issworld.com

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We are always looking for ways to improve our service and welcome your questions and suggestions! What do you think of our new website? Maybe you want to speak to us about the service at your school? No problem! You can get in touch by e-mailing us at hello@feedinghungryminds.co.uk or by calling us on 01708 349 430.

Contact Us.



FACILITY SERVICES
EDUCATION



BRONZE CATERING



Feeding Hungry Minds

introducing... your marvellous menu
for your Primary School!



Find out about
free
school meals!



new website!

www.feedinghungryminds.co.uk



Week One

Monday

Choose From

- Margherita Pizza
- Sweet Potato & Lentil Curry & Rice
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Orange Shortbread

meat free
monday

Main Meal Options

- Meat or Fish
- Halal
- Vegetarian
- Alternative

Tuesday

Choose From

- Beef & Onion Gravy Pie & Mashed Potato
- Vegetable & Lentil Bolognese with Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Fresh Fruit Salad

UNLIMITED ACCESS TO OUR SALAD BAR WITH 3 TO 6 ITEMS TO CHOOSE FROM AVAILABLE DAILY



Wednesday

Choose From

- Roast Chicken with Roast Potatoes & Gravy
- Winter Vegetable & Butterbean Puff Pastry Square with Roast Potatoes & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Lemon Drizzle Cake

DON'T FANCY THE DESSERT ON THE MENU? CHOOSE FROM A SELECTION OF FRESH FRUIT & ORGANIC YOGHURTS



Our Yeo Valley yoghurts are **ORGANIC!** We love Yeo because they support **BRITISH** farmers and local wildlife.



Thursday

Choose From

- BBQ Pork & Rice
- Winter Vegetable Soup
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Eve's Pudding & Custard



Friday

Choose From

- Fish Fingers & Chips
- Homemade Spicy Bean Burger & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Banana & Courgette Muffin

All of our fish is SUSTAINABLY SOURCED!

WEEK COMMENCING:

31ST OCT, 21ST NOV, 12TH DEC, 16TH JAN, 6TH FEB, 6TH MARCH, 27TH MARCH

CERTIFIED SUSTAINABLE SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

MSC-C-50236

Week Two

Monday

Choose From

- Macaroni Cheese
- Vegetable & Chickpea Jambalaya
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Oat & Raisin Cookie

meat free
monday



Tuesday

Choose From

- Pork Sausages & Potato Wedges
- Roasted Vegetable Lasagne
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Rice Pudding with Apple

We use **RED TRACTOR MILK** in all of our homemade dishes!



Wednesday

Choose From

- Roast Beef with Roast Potatoes & Yorkshire Pudding
- Vegetarian Sausage with Roast Potato, Yorkshire Pudding & Gravy
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Rice Crispy Cake

We use Red Tractor cheese, which means it can be traced from farm gate to school plate!



Thursday

Choose From

- Chicken Korma & Rice
- Cheese & Leek Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

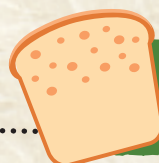
On the Side

Seasonal Vegetables

Something Sweet

Jelly & Mandarins

A DAILY CHOICE OF FRESH WHOLEMEAL & WHITE CRUSTY BREAD



Friday

Choose From

- Salmon Fish Fingers & Chips
- Margherita Pizza & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Sticky Toffee Pudding & Custard

We think that **BRITISH SEASONAL** food is fresh, tasty and nutritious. Some of our favourites this season are carrots, cabbage, onions, cauliflower, swede & beetroot!



WEEK COMMENCING:

7TH NOV, 28TH NOV, 2ND JAN, 23RD JAN, 20TH FEB, 13TH MARCH, 3RD APRIL

Week Three

Monday

Choose From

- Cheese & Sweetcorn Potato Boats
- 3 Bean Casserole & Sweetcorn Dumplings
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Carrot Cake & Frosting

meat free
monday



Tuesday

Choose From

- Pork Sausage & Pasta Casserole
- Quorn Cottage Pie
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Chocolate Fudge Pudding & Chocolate Sauce



CHILLED DRINKING WATER IS ALWAYS AVAILABLE

Wednesday

Choose From

- Roast Gammon with Roast Potatoes
- Vegetable, Bean & Cheese Crumble with Roast Potatoes
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Banana Flapjack

EGGS

All of our eggs are **FREE RANGE**. We use them in lots of our cakes, quiches and other homemade dishes!

Thursday

Choose From

- Beef Chilli Con Carne & Rice
- Neapolitan Penne Pasta
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Mixed Berry Sponge & Custard

All our meat is **UK FARM ASSURED**



Friday

Choose From

- Battered Fish & Chips
- Winter Vegetable Quiche & Chips
- Jacket Potato with Beans, Cheese, Tuna Mayonnaise or Coleslaw

On the Side

Seasonal Vegetables

Something Sweet

Apple Pie & Cream



WEEK COMMENCING:

14TH NOV, 5TH DEC, 9TH JAN, 30TH JAN, 27TH FEB, 20TH MARCH