Alleek 1

Week Commencing: 24th april / 15th May / 12th June / 3rd july / 4th sept / 25th Sept / 16th oct

MEATERE monday

Vegetarian Korma & Rice

Margherita Pizza

Jacket Potato with a Choice of **Toppings**

Seasonal Vegetables

Apple Pie & Cream

tuesday

- Beef Meatballs & Spaghetti
- Cheese & Vegetable Pasty with Potato Wedges
- Jacket Potato with a Choice of Toppings
- Grab Bag with Cheese or Tuna [°]Sandwich

Seasonal Vegetables

wednesday

- Roast Chicken & Gravy served with Roast Potatoes
- Roast Soya Fillet Strips & Gravy served with Roast Potatoes
- Jacket Potato with a Choice of Toppings

Seasonal Vegetables

Jelly & Ice Cream

thursday

- Pulled Pork & Noodles
 - Macaroni Cheese
- Jacket Potato & Oriental Sticky
- Grab Bag with Cheese or Ham Sandwich

Seasonal Vegetables

Chocolate Pear Pudding & Custard

fridav

- Fish Fingers & Chips
- Homemade Vegetable Cheese Burger & Chips
- Jacket Potato with a Choice of **Toppings**

Seasonal Vegetables

Oat Dream Cookie

MEAT FREE

monday

- Vegetarian Fajitas
- Margherita Pizza

lacket Potato with a Choice of **Toppings**

Seasonal Vegetables

Vanilla Sponge & Custard

tuesday

- Cottage Pie
- Stir Fry Vegetable Noodles
- lacket Potato with a Choice of
- Grab Bag with Cheese or Tuna Sandwich

Seasonal Vegetables

Chocolate Mousse

wednesday

- Roast Turkey & Gravy with Roast Potatoes
- Vegetable Gratin with Roast
- Toppings

Seasonal Vegetables

Pineapple Upside Down Sponge & Vanilla Sauce

thursday

- Ham & Cheese Pizza
- Cheese & Tomato Penne Pasta
- lacket Potato with a Choice of Toppings
- Grab Bag with Cheese or Ham Sandwich

Seasonal Vegetables

Jelly & Mandarins

friday

- Breaded Fish & Chips
- Sticky Vegetarian Sausages &
- lacket Potato with a Choice of **Toppings**

Seasonal Vegetables

Chocolate Sponge & Chocolate Custard

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Week Commencing: 8th May / 5th june / 26th june / 17th july / 18th sept / 9th oct

MEATERES monday

- Butternut Squash Pasta Bake
- Mozzarella & Tomato Puff Squares with Potatoes
- lacket Potato with a Choice of Toppings

Seasonal Vegetables

tuesdav

- Sticky Chicken Wrap
- Roasted Vegetable Pasta Bake
- lacket Potato with a Choice of Toppings
- Grab Bag with Cheese or Tuna

Seasonal Vegetables

Apricot Tiffin

wednesday

- Roast Gammon & Gravy with Roast Potatoes & Yorkshire Puddin
- Vegetarian Sausage & Gravy with Roast Potatoes & Yorkshire Pudding
- Toppings

Seasonal Vegetables Fruit Salad & Yoghurt

thursday

- Pork Sausages & Potato Wedges
 - Vegetarian Lasagne
- lacket Potato with a Choice of
- Grab Bag with Cheese or Ham

Seasonal Vegetables

Mixed Berry Sponge & Custard

friday

- Fish Fingers & Chips
- Vegetarian Cheese Fajitas
- Toppings

Seasonal Vegetables

Marble Sponge & Custard

Guide to Goodness

Menu Options

- Main Option 1
- Main Option 2
- Halal
- Alternative
- Sandwich



Many of our homemade desserts contain at least 50% fruit!



Over 75% of our dishes are made fresh on site today from fresh ingredients.



The fish we serve is from well-managed and sustainable fisheries.



Where possible we use ingredients sourced from local producers.